

# Review of: "Prevalence and Determinants of Hypertension Among Adults in Urban Bonaberi District of Douala, Cameroon"

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The article on the prevalence and determinants of hypertension was a good read; however, I have a query on the definition of hypertension used in the study. It was stated that BP parameters were to be consistent for 3-6 months to make a diagnosis of hypertension, with a study dated in 2006 as the reference for that. However, current ESC/AHA/ISH guidelines do not uphold that definition. The parameters do not need to be present for 3-6 months in order to make a diagnosis of hypertension, as 2 consecutive readings are enough for that. Also, it would have been good to see a copy of the questionnaire used for the study.

I think it was a good idea to include witchcraft as one of the possible causes of hypertension, as it highlights the realities and peculiarities of their location, which could be a major determinant of achieving control. This highlights a possible point for intervention via educating the people on the risk factors associated with hypertension and the need for treatment.