

Review of: "The Consumption of Iceberg Lettuce May Reduce The Adhesion of Dietary Fat to The Mucus Surface of The Stomach Barrier Lining Decreasing The Risk of Triggering Acute Gastroesophageal Reflux"

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Potential competing interests: No potential competing interests to declare.

This study is interesting in that it was able to prove that IL can absorb fat. However, there are some parts that need to be made clear as follows;

1. Why was the IL leaf in this study not at or near the same size as after chewing? In order to ensure that it simulates the real situation that occurs in the stomach, how were the researchers sure that after chewing and mixing in the stomach, the IL surface would still be able to absorb fat?
2. The study should consider and address potential confounding factors that might influence the results, such as the impact of different types of dietary fats and the role of other dietary components.