

Review of: "The Impact of physical exercise and alcohol conditions on self-reported health among cancer patients? An analysis of the Health Information National Trends Survey 2019"

Hamid El Oirdi

Potential competing interests: Dear Author, I congratulate you on this relevant study. The aim of this study was to assess the associations between exercise outcomes and alcohol consumption habits with poor health among cancer patients. Its significance for society and the lack of such work are undeniable. I have some remarks to consider: • Please make the following changes: - The abstract is a bit long; - It's necessary to specify the type of physical exercise (intense or moderate) and define the levels of physical activity that allow calculating energy expenditure; - When you mention sleep, it's relevant to note both the duration and the quality of sleep; - Please cite recently published articles to show: the high prevalence of physical inactivity and its effect on non-communicable diseases, the effect of physical activity on cognitive functions (DOI : 10.1051/shsconf/202317501044, DOI: 10.5604/01.3001.0053.6028, DOI:10.1051/e3sconf/202131901022); - The discussion should start with the main results to make it easier for readers to cite your work compared to other studies. Best regards,

Dear Author,

I congratulate you on this relevant study. The aim of this study was to assess the associations between exercise outcomes and alcohol consumption habits with poor health among cancer patients. Its significance for society and the lack of such work are undeniable. I have some remarks to consider:

- Please make the following changes:
- The abstract is a bit long;
- It's necessary to specify the type of physical exercise (intense or moderate) and define the levels of physical activity that allow calculating energy expenditure;
- When you mention sleep, it's relevant to note both the duration and the quality of sleep;
- Please cite recently published articles to show: the high prevalence of physical inactivity and its effect on non-communicable diseases, the effect of physical activity on cognitive functions (DOI : [10.1051/shsconf/202317501044](https://doi.org/10.1051/shsconf/202317501044), DOI: [10.5604/01.3001.0053.6028](https://doi.org/10.5604/01.3001.0053.6028), DOI: [10.1051/e3sconf/202131901022](https://doi.org/10.1051/e3sconf/202131901022));
- The discussion should start with the main results to make it easier for readers to cite your work compared to other studies.

Best regards,