Qeios

Peer Review

Review of: "The Potential of Conversational AI for Mental Health Support in UK Armed Forces Personnel and Veterans: A Mixed-Methods Health Needs Assessment and Feasibility Study"

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This is an interesting and well-written paper on an important topic. It reports a well-conducted study whose strengths and limitations are, in my view, fairly described. The tentative conclusions are worth reporting and following up: primarily that there may be reasonable acceptance of the use of AI chatbots to support mental health in UK armed forces personnel and that, contrary to common expectations, stigma is likely to be less of a deterrent to seeking support than practical issues.

The conclusions are expressed with an appropriate level of confidence given the small and likely non-representative sample and the limitations of survey and self-report methodologies. However, they are useful and merit further exploration.

I do not have any specific recommendations for revisions except for the authors to consider linking the research aims and findings to wider theories and models of help-seeking behaviour and perhaps provide a comment on how far their findings support or possibly tend to disconfirm such models.

Declarations

Potential competing interests: No potential competing interests to declare.