

Review of: "How E-School Counseling Has Supported Learners Facing Pandemic Challenges: Results and Perspectives for Counseling Professionals"

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Implementing e-school counseling during the pandemic has proven to be a valuable and effective response to support students facing unique challenges in these difficult times. This innovative approach has allowed counseling professionals to proactively adapt to the new reality, providing crucial support to students despite the physical limitations imposed by the health crisis.

The results obtained so far are encouraging, as e-counseling has proven to be an effective tool to address the emotional, academic and social needs of students. Remote accessibility has expanded the reach of counseling, reaching those who might have difficulty accessing in-person services. The flexibility and adaptability of counseling professionals in this digital environment have allowed for continuous support, helping to mitigate the negative impact of the pandemic on student well-being. From a future perspective, this electronic approach could be consolidated as an integral practice in school counseling. The ability to reach students remotely, effective implementation of personalized strategies, and adaptability to changing situations are key aspects that highlight the long-term potential of e-school counseling. Ultimately, this approach offers optimistic perspectives for counseling professionals, who can continue to play a critical role in the well-being of students, even in challenging environments like the current one.