

Definition

Consciousness

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The term *Consciousness* is believed to derive from the ancient Latin word *Conscientia* which could be translated as "knowing within oneself". Under contemporary science, consciousness could be understood as a **neuropsychological ability to subjectively experience** one's own mental life, including thoughts, emotions, perceptions and memories. In this sense, a mental state is conscious only when it becomes accessed by the subject. (It remains unclear why some information acquires a subjective character.)

Declarations

Potential competing interests: No potential competing interests to declare.