

## Definition

# Consciousness

**Antonio Martin<sup>1</sup>**

1. Hôpital du Sacré-Cœur de Montréal, Montreal, Canada

The term “Consciousness” is believed to derive from the ancient Latin word “Conscientia” which could be translated as “knowing within oneself”. Under contemporary science, consciousness could be understood as a neuropsychological ability to subjectively experience one's own mental life, including thoughts, emotions, perceptions and memories.

## Declarations

**Potential competing interests:** No potential competing interests to declare.