

Open Peer Review on Qeios

## Maximum Predicted Heart Rate

National Cancer Institute

## Source

National Cancer Institute. <u>Maximum Predicted Heart Rate</u>. NCI Thesaurus. Code C147492.

The predicted upper limit for an individual's heart rate, which is calculated as 220 minus the subject's age for men, and 210 minus the subject's age for women.

Qeios ID: 09LRTC · https://doi.org/10.32388/09LRTC