

# Review of: "Addiction as a Loss of Inner Freedom"

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**Potential competing interests:** No potential competing interests to declare.

The paper is a theoretical and philosophical reflection on addiction, and – based on such purposes – it may be interesting. However, addiction is a complex phenomenon: each addict (and each behavior, including the kind of substantial/no-substantial drug use) experiences a different way of life, a way of adjusting to his or her social life, and even a different way of making decisions. Psychological research and clinical interventions in this field show interesting approaches that may also impact theoretical and ethical perspectives (e.g., the addicts' capabilities of "self-monitoring" and controlling their use, misuse, or abuse for achieving social tasks or inner purposes, ... up to an inner freedom, in their point of view). If we misunderstand the individual (sometimes residual) resources of people who are addicts in managing their lives, we run the risk of speaking in moral terms without real help toward their well-being, at least from a psychological approach. Other observations: in the paper, the research is theoretical. And it is good. Nevertheless, we can see only the "discussion" and the other usual sections of an article are not shown (introduction, research, discussion...). At times, the language is not clear enough.