

Review of: "Providing Medical Assistance in East Africa: A Life-Changing Experience."

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Potential competing interests: No potential competing interests to declare.

I fully appreciate the article written by Dr. Clive Kelly. Being in the same stage of life and career as him, it opens my mind to the limitless possibilities that one can still do to help make our world a better place for others. The heart and soul that Dr. Kelly showed in his activities gravitated other persons and groups of like minds as well to help him reach out to more people in need. This sincerity and gravitas of Dr. Kelly also seamlessly facilitated his scientific work in public health and rheumatic diseases.

I do hope that Dr. Kelly can likewise communicate to us in the Philippines as to how he managed to transcend the international and cultural barriers and create the changes in the communities he touched. Agents of change, such as Dr. Kelly, who forged their own paths at the grassroots level should be heard in international fora so that more health care professionals will be encouraged to get out of their own silos and comfortable niches to help people in dire circumstances beyond their borders.