

[Open Peer Review on Qeios](#)

Exercise-induced hyperinsulinism

INSERM

Source

INSERM. (1999). *Orphanet: an online rare disease and orphan drug data base. Exercise-induced hyperinsulinism. ORPHA:165991*

Exercise-induced hyperinsulinism (EIH) is a form of diazoxide-sensitive diffuse hyperinsulinism (DHI) characterized by episodes of hypoglycemia induced by exercise due to an inappropriate lactate and pyruvate sensitivity in pancreatic beta-cells.