

# Review of: "A Scale to Measure Social Media Jealousy"

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**Potential competing interests:** No potential competing interests to declare.

**Title:** A Scale to Measure Social Media Jealousy

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**General Overview:** The article presents a well-structured study aimed at developing a standardized tool—the Social Media Jealousy Scale (SMJS-15)—to measure jealousy associated with social media usage. The introduction effectively sets the context by highlighting the increasing relevance of social media in mental health research, specifically regarding emotional constructs like jealousy.

## Strengths

1. **Timely Topic:** The focus on social media jealousy is highly relevant, given the growing impact of social media on interpersonal relationships and mental health.
2. **Methodological Rigor:** The use of both exploratory and confirmatory factor analyses to develop the SMJS-15 demonstrates a robust methodological approach, enhancing the reliability and validity of the scale.
3. **Clarity of Purpose:** The objective of filling a gap in the existing literature by providing a standardized measurement tool is clearly articulated.

## Areas for Improvement

1. **Literature Review:** While the introduction references jealousy, it could benefit from a more comprehensive review of existing literature on social media's psychological effects. This would help contextualize the significance of your findings within broader research trends.
2. **Sample Description:** Provide more details about the sample used for the scale's validation. Information regarding the demographic characteristics (age, gender, socio-economic status) would enhance the understanding of the scale's applicability across different populations.
3. **Practical Implications:** Discuss the practical implications of the SMJS-15 for mental health professionals. How can they implement this scale in therapeutic settings or research? Offering specific examples could enhance the article's relevance to practitioners.
4. **Limitations and Future Research:** A section addressing the limitations of the study and suggesting avenues for future

research would provide a balanced perspective and encourage ongoing inquiry into the topic.

**Conclusion:** Overall, this article makes a significant contribution to the field of social media research and mental health. By addressing the suggested areas for improvement, the authors can further enhance the depth and impact of their work.

Thank you for your valuable contribution to this important area of study.