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# Rippling muscle disease

INSERM

## Source

INSERM. (1999). *Orphanet: an online rare disease and orphan drug data base*. [Rippling muscle disease](#). ORPHA:97238

Rippling muscle disease is a rare, genetic, neuromuscular disorder characterized by muscle hyperirritability triggered by stretch, percussion or movement. Patients present wave-like, electrically-silent muscle contractions (rippling), muscle mounding, painful muscle stiffness and muscle hypertrophy, usually with elevated serum creatine kinase.