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MySmartCheck

National Cancer Institute

Source

National Cancer Institute. *mySmartCheck*. NCI Thesaurus. Code C155849.

An online program for skin self-examination (SSE) designed to introduce users to melanoma risk factors and the importance of SSE behaviors; review past experiences doing skin self-checks, teach how to identify potentially suspicious moles, enhance confidence, address skin self-check barriers, and help users to create a monthly skin self-check action plan; take the user through the process of conducting a thorough skin self-check and record moles and other growths using an online body mole map.