

Review of: "Youth Attitudes Towards the Effects of Social Media Addiction: A Study on College Students in the United Arab Emirates"

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Potential competing interests: No potential competing interests to declare.

The research paper title "Youth Attitudes Towards the Effects of Social Media Addiction: A Study on College Students in the United Arab Emirates," by Fokiya Akhtar, focuses on a research test group on the power and passion of the use of social media by UAE youth respondents. How does the regularity and time of social media use contrast among UAE youth across various demographics such as gender, age, education background, social and economic status, and family situation? What is the seeming parallel between time spent on social media and habit and need among UAE youths? While acknowledging the adverse impacts of social media on mental health and social relationships, UAE youth also indicate a resistance to the idea that social media interferes with academic or work focus.

The research paper highlights the need for media literacy and education programs to promote a more beneficial and balanced use of social media among UAE youth. This study builds upon the literature review's examination of social media habit and need's effect on mental health, social relationships, and academic rendezvous. It confirms the complex, multifaceted nature of social media habit and need among UAE youth, surrounding preoccupation, extraction indicators, tolerance, and other dimensions. The discoveries align with the media functional approach and media system dependency theory, highlighting the significant cognitive, affective, and behavioral effects on heavily dependent users. However, UAE youth also show a nuanced perspective, acknowledging the negative impacts on mental health and social interactions while disputing its interference with academic focus. This underscores the need for targeted media literacy and education programs to address these encounters.

This research paper concludes that UAE youth exhibit consistent attitudes towards the multifaceted nature of social media habit and need, encompassing dimensions like preoccupation, withdrawal indicators, tolerance, mode modification, relapse, and conflict. These discoveries align with the media functional approach and media system dependency theory, highlighting the cumulative negative effects and dependency issues related to social media use.