

# Review of: "The Effectiveness of Telerehabilitation in Improving Balance Control Among Older Adults: A Systematic Review & Meta Analyses"

Sara Kaveh<sup>1</sup>

<sup>1</sup> Tehran University of Medical Sciences

Potential competing interests: No potential competing interests to declare.

Dear Editor,

I trust this email finds you well.

I am pleased to provide my review of the manuscript titled "The Effectiveness of Telerehabilitation in Improving Balance Control Among Older Adults: A Systematic Review & Meta Analyses". I must commend the authors for their diligent work and insightful contribution to the field.

While the manuscript demonstrates many strengths, I do have a few constructive comments and suggestions for improvement.

1. Kindly add to the title that this is a protocol for a systematic review. This helps readers understand the stage of research being described.
2. Please rewrite the objectives in the abstract more concisely, with more details and an explanation of what the review aims to achieve.
3. In the method section, provide references for JBI and PRISMA.
4. The search strategy needs to be improved (the search does not contain the MeSH terms). You can follow the PRESS Evidence-Based Checklist to assess the search strategy's adequacy.
5. Provide justification with references for why you include older adults aged 60 years old and above?
6. I would also suggest defining what is meant by telerehabilitation, as this is not provided. Which interventions are considered as telerehabilitation? And how it can be helpful?
7. How will the publication bias be assessed?
8. Based on the nature of the intervention, I recommend adding a section for subgroup analysis.
9. Add a subheading "Overall Quality of the Evidence" for the GRADE approach, and add more details about it.
10. Please provide a discussion section.