

# Review of: "The Cost of Being a Celebrity on Mental Health"

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Potential competing interests: No potential competing interests to declare.

## Introduction:

The introduction effectively sets the stage by highlighting the glamorization of fame and its toll on celebrities' mental well-being. It provides a personal connection to the topic through the author's experience, leading to the research question about why celebrities often suffer mentally. The references to Marilyn Monroe and the author's background add credibility to the exploration of celebrity culture and mental health.

## Literature Review:

The literature review provides a comprehensive overview of celebrity culture and its impacts on mental health, drawing from various sources to support the discussion. It effectively examines the societal fascination with celebrities, their symbolic significance, and the complexities of the celebrity-fan relationship. The integration of academic sources adds depth to the analysis, offering insights into the psychological aspects of fame and its consequences.

## Methodology:

The article lacks a clear delineation of the methodology employed. While the author mentions conducting interviews with celebrities, there is no explanation of how these interviews were conducted, the sample size, or any ethical considerations. Including details about the research methodology would enhance the credibility of the findings and provide transparency to the study.

## Discussion:

The discussion delves into the dark side of celebrity life, exploring the pressures and challenges faced by individuals in the public eye. It effectively examines the impact of fame on mental health, citing examples and statistics to support the arguments. The discussion on celebrity suicides is particularly insightful, offering a nuanced perspective on the factors contributing to these tragic events. However, there could be more analysis of the intersectionality of factors such as gender, race, and socio-economic status in shaping celebrities' experiences and mental health outcomes.

## Conclusion:

The conclusion provides a thought-provoking reflection on the concept of desire and fulfillment, drawing on Lacanian theory to contextualize the experiences of celebrities. It effectively synthesizes the key findings of the article and offers a profound insight into the existential struggles faced by celebrities. However, the conclusion could be strengthened by reiterating the implications of the research findings and suggesting avenues for future research in this area.

## Overall Evaluation:

The article presents a compelling exploration of the relationship between celebrity culture and mental health, drawing on

personal experiences, academic literature, and theoretical frameworks. The discussion is well-structured and supported by relevant evidence, offering valuable insights into the complexities of fame and its psychological consequences. However, there is room for improvement in terms of the clarity of methodology and the depth of analysis in certain sections. Overall, the article makes a significant contribution to the understanding of celebrity mental health issues and stimulates further inquiry into this important topic.