

Review of: "Mealtime Hydration's Impact on Digestion"

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Potential competing interests: No potential competing interests to declare.

1. The research mostly relied on the literature. Seventeen references were provided by the author, out of which only 3 were latest (2020 and above). Hence, new findings were not reflected properly.
2. Water intake capacity differs for men, women, children, and old age. No information was provided on this.
3. Timings for water intake are also important. Again, information is missing.