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Impaired fasting glucose (IFG)

National Diabetes Information Clearinghouse (NDIC)

Definitions

Fasting blood glucose test

Defined by National Diabetes Information Clearinghouse (NDIC)

Glucose

Defined by National Diabetes Information Clearinghouse (NDIC)

Diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Pre-diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

mg/dL

Defined by National Diabetes Information Clearinghouse (NDIC)

Type 2 diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Stroke

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A condition in which a [fasting blood glucose test](#) shows a level of [glucose](#) higher than normal but not high enough for a diagnosis of [diabetes](#). IFG, also called [pre-diabetes](#), is a level of 100 to 125 [mg/dL](#). People with pre-diabetes are at increased risk for developing [type 2 diabetes](#), heart disease, and [stroke](#).