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# Niu Xi

National Cancer Institute

## Source

National Cancer Institute. *Niu Xi*. NCI Thesaurus. Code C129587.

A Chinese herbal medicine (CHM) composed of the dried root from the herbaceous plant Ox-Knee (*Achyranthes bidentata* Blume) belonging to the Amaranthaceae family. Niu Xi may regulate the blood, may help relieve certain pains, and it may tonify the liver and kidneys.