

Open Peer Review on Qeios

Aerobic Exercise

National Cancer Institute

Source

National Cancer Institute. <u>Aerobic Exercise</u>. NCI Thesaurus. Code C39774.

Sustained exercise that places an increased oxygen demand on the cardiovascular system and promotes an increased efficiency of the body's use of oxygen.

Qeios ID: 1UKZY9 · https://doi.org/10.32388/1UKZY9