

[Open Peer Review on Qeios](#)

# Genetic counseling

National Cancer Institute (NCI)

## Source

National Cancer Institute (NCI). *Genetic counseling*.

A communication process that seeks to assist affected or at-risk individuals and families in understanding the natural history, disease risks, and mode of transmission of a genetic disorder; to facilitate informed consent for genetic testing when appropriate; to discuss options for risk management and family planning; and to provide for or refer individuals for psychosocial support as needed.