

Review of: "[Mini Review] Role of Mango in Immune System"

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Potential competing interests: No potential competing interests to declare.

Role of the mango in the immune system

The authors have conducted an extensive literature review. However, the text could be improved by taking into account some suggestions:

Title:

The text does not fully and adequately reflect the title, as the reference to the effect of mango on the immune system is weak.

Summary and introduction:

It is recommended that the language be more technical and that unnecessary iteration be avoided.

Table 1.

To have a clearer idea of the nutritional potential of mango, Table 1 could be improved by placing the percentage of the daily requirement for humans of the nutrients specified therein; it could also be compared against other similar fruits or with other mango varieties.

Section on mango and the interaction with the immune system:

There is repetition regarding mangiferin. It would also be good to clarify what would be the doses that fulfill the anti-inflammatory, anti-apoptotic, and antioxidant functions of this fruit or studies that show the necessary time of consumption to exert them.

I think that recipes would fit better in an article of diffusion to the general public, but not in a scientific article, especially because the amounts of sugars specified in them could be more deleterious than the benefits of mango.

References:

The references do not have a homogeneous format, since the title of some journals is abbreviated and others complete. In addition, some references are incomplete and should be revised.

