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Genetic Counseling

National Human Genome Research Institute (NHGRI)

Source

National Human Genome Research Institute (NHGRI). [Genetic Counseling](#).

Genetic counseling is the professional interaction between a healthcare provider with specialized knowledge of genetics and an individual or family. The genetic counselor determines whether a condition in the family may be genetic and estimates the chances that another relative may be affected. Genetic counselors also offer and interpret genetic tests that may help to estimate risk of disease. The genetic counselor conveys information in an effort to address concerns of the client and provides psychological counseling to help families adapt to their condition or risk.