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# Bolus

National Diabetes Information Clearinghouse (NDIC)

## Definitions

### Insulin

Defined by National Diabetes Information Clearinghouse (NDIC)

### Blood glucose

Defined by National Diabetes Information Clearinghouse (NDIC)

## Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

An extra amount of [insulin](#) taken to cover an expected rise in [blood glucose](#), often related to a meal or snack.