

Review of: "The Assessment of Anxiety Levels in Undergraduate Medical Students and The Determination of Various Coping Mechanisms Used"

Mustafa Amin¹

¹ Universitas Sumatera Utara

Potential competing interests: The author(s) declared that no potential competing interests exist.

This is a good study that tried to assess the anxiety levels of undergraduate medical students and find the relationship with coping mechanisms they used. I have some suggestions about the study:

Materials and Methods section

The authors should give the rationalization of using HAM-A rating scale as the scale itself is not meant to be used as a screening purpose. The HAM-A guideline state that the development of the scale was to measure the effectiveness of medication or improvement of anxious patients.

Discussion

The authors have stressed the religious coping mechanism and related it with the Islamic setup of families. Islamic practice has many kinds of form. The authors should mention whether shalah, du'a or other practices that helped the subjects.

Please add the strengths of the study and what suggestions for future studies can be made.

Thank you for your kind attention and cooperation.