

Review of: "Training Teachers to Become Mental Health Promoters: Impact on Their Well-Being"

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Potential competing interests: No potential competing interests to declare.

Thank you very much for providing me the opportunity to review this impactful research. However, some issues were found in this research study, which are mentioned below.

1. Firstly, there is a significant gender imbalance in the sample (female, 88.4%). This imbalance could affect the generalization of the findings.
2. There is no justification or limitation regarding this sample imbalance.
3. 2nd, the study's evaluation of the training impact occurs shortly after its completion, lacking long-term data to assess the sustainability of the improvements in teacher well-being and mental health.
4. 3rd, the reliance on self-reported measures introduces potential bias, as participants might respond in ways they perceive as socially desirable.
5. 4th, the study does not thoroughly explore the influence of contextual factors, such as the school environment or administrative support, which could play a crucial role in the outcomes of the training.