

[Open Peer Review on Qeios](#)

Conventional therapy

National Diabetes Information Clearinghouse (NDIC)

Definitions

Diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

A1C

Defined by National Diabetes Information Clearinghouse (NDIC)

Blood glucose level

Defined by National Diabetes Information Clearinghouse (NDIC)

Intensive therapy

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A term used in clinical trials where one group receives treatment for **diabetes** in which **A1C** and **blood glucose levels** are kept at levels based on current practice guidelines. However, the goal is not to keep blood glucose levels as close to normal as possible, as is done in **intensive therapy**. Conventional therapy includes use of medication, meal planning, and exercise, along with regular visits to health care providers.