

Review of: "Jung on the Meaning of Life"

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Potential competing interests: No potential competing interests to declare.

I have read this article with great interest, finding its structure clear and the overall writing lucid. It provides a good and differentiated insight into Jung's thoughts on the meaning of life.

In the beginning of the text, it is mentioned that Jung did not differentiate between the meaning of life at an individual level and at a more universal level. I missed that the author would have elaborated more explicitly on this difference in his piece since it indeed concerns two very different matters – even though they are certainly not independent of each other.

Apart from that, I find the 'internal validity' of the article good. I have more difficulty with the 'external validity' of it, specifically, what is the relevance of this writing today? It is interesting for those who are interested in Jung from a historical perspective, but what does it add to our knowledge about the role of meaning in psychotherapy, or in human life in general? There is no reference to other thinkers, psychotherapists who have been dealing with this theme over the past hundred years. While many of the thoughts discussed are reflected in various approaches of humanistic and existential therapies, and also in some other psychoanalytic schools. This makes the relevance and the usability of this article – in my opinion – quite limited.