Review of: "Insomnia Prevalence and Mental Health Correlates Among 18,646 Users of an Internet-Based Cognitive-Behavioral Therapy Website: Archival Real-World Data from the United States, 2017-2019"

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This article is well-written, with solid statistical analysis and clearly presented results. However, I have two key points for discussion during the review:

The data are based on self-reported information from employed individuals and students. How can we generalize these findings to the broader public, considering the potential limitations in sample diversity?

Many of the findings presented in this article are already well-established in the existing literature. What new contributions does this study make to our understanding of insomnia and associated psychiatric disorders? Specifically, what novel insights will readers gain from this research?