

Review of: "[Review Article] How to Form the Human Brain"

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Potential competing interests: No potential competing interests to declare.

This review shows the direction toward better human nature from broad perspectives.

1. In that sense, the title does not represent the context of this review. I would suggest something like “How to Form Healthy Mindsets” or “Toward a Better Human Nature” rather than using the term “brain.”
2. Section 2. It would be nice for the readers to see the equation of the Happy Planet Index rather than a sentence, something like $HPI = Happiness * LifeExpectancy / Ecologicalfootprint$ or

or an official one seems

$$HPI = \alpha * LifeExpectancy * (LadderofLife + \beta) - \gamma / Ecologicalfootprint + \varepsilon$$

where: $\alpha = 0.75$, $\beta = 2.92$, $\gamma = 54.92$, $\varepsilon = 6.39$

3. Section 3.3.1. I partially agree with the potential use of psychedelics, which seems to be an effective treatment for mental disease as well, but as a review paper, I think it would be better to stay in a neutral position by pointing out the risk/negative effects of having such chemicals in this paper in addition to the positive side (stimulates socializing).