

Review of: "[Commentary] Healthspan Horizon — Pioneering Preventive Care as the New Standard of Healthcare"

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This commentary aims to introduce upcoming articles on key trends in preventive healthcare, aligned with the badly needed new standard of healthcare.

Preventive care is indeed the most powerful mean, and maybe the only one, which will give some chances for making sustainable, manageable, and cost-effective healthcare systems. Given the extremely poor support of prevention in public as well as in private healthcare approaches, the road might be long.

Thus, advocacy for prevention all along the text is well argued, and the review provides a number of very pertinent insights. This makes us eager to know more about the innovative approaches that hopefully will be described in upcoming papers. I thus recommend the publication of this commentary.

I have, however, one concern which mainly stems from the major focus given to technology innovations, involvement of start-ups, and private investments. As pointed out by the authors, there are also some major impacts of the environment on health status. Thus, promoting a personalized assessment of the exposome and proposing appropriate shifts in lifestyles will never be sufficient to promote health at the population level. Even though it might not be the purpose of the upcoming articles, I believe that there should be some mention of public health and, more generally, of politics with respect to a healthy environment and means of better harnessing the issue. In this context, innovation and development around evaluating the personal exposome (which is so far very little developed) in parallel with monitoring the environment quality would be an interesting interface between the future of 5P and that of public investment for health.