

Review of: "Philosophy as a Way of Life as a Pathway to Recovery for Addicted Individuals"

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Repositioning philosophy as a pragmatic means of living, beyond the academic modes of use is a refreshing and well grounded argument in this article. The article was well structured with a comprehensive review of how philosophy may frame more comfortable, generative ways of being. Some key 'modern' philosophers were invoked as well. I found the case study useful as well with the syllogisms explained clearly. The author has taken a dense, intense subject and written it in an uncluttered manner with a clear line of argument, a sound and worthwhile methodology and a conceptually challenging orientation. I would argue that this is not so much a case study as a self-narrative of the author's experiences with Jurie and thereto using this narrative to advance conceptual arguments for extending the theory of addiction treatment as well as the theory of philosophy use. Thereto our appreciation of philosophy, that has been around in an enduring way, and is accessible for daily use, is enhanced beyond the scholarly limitations that we appear to have limited it to. I think the article, while noting its conceptual (more than seeing it as having case study value) theory-extension potential would benefit from foregrounding some central findings. I find that simply the recommendation to read some of Nietzsche's central texts appears to have stopped the article too short. Perhaps this article will form part of a series and would take the outcome of the recommendations to Jurie forward. Areas for future research would also be a useful inclusion. I thank the author for a fascinating and academically pleasing submission.