

Review of: "How Competent are Health Professionals in Delivering Nutrition Education? A Cross-Sectional Study in Ebonyi State, Nigeria"

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Potential competing interests: No potential competing interests to declare.

I congratulate the authors for the topic addressed and I believe that this article addresses a topic of great interest in particular underlining the importance of adequate nutritional knowledge and the role of education. In my opinion, some aspects should be explored further:

- include more bibliographical sources to support the initial background
- a possible limit is given by the sample analysed, as it is mainly made up of a single profession (nurses). This could be a source of possible bias as the study population is not balanced
- I believe it is important that the educational role of nurses on issues such as nutrition is underlined, but not of other healthcare professionals as their professional profile is not made up of these skills (physiotherapists, dentists).
- The ethical approval number is not indicated
- I agree with the authors on the implementation of nutritional training for the correct provision of nutrition education.

I invite the authors to make these changes and to expand the limits section with the suggestions given.