

Review of: "Management of Nutritional Failure in People with Severe ME/CFS: Review of the Case for Supplementing NICE Guideline NG206"

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Potential competing interests: No potential competing interests to declare.

I thank Prof. Edwards for writing this supplementary guidance, clarifying the responsibilities of professionals tasked with caring for people with very severe ME/CFS and nutritional failure. It is a straightforward concept that nutritional support measures should be appropriately escalated, similar to the situation in other diseases such as cystic fibrosis, anorexia nervosa, short gut, or MMIHS.

This management guidance is based on the well-founded NICE 2021 Guidelines, formulated in an era that is seeing substantial progress into research of postviral chronic conditions. While the research clues implicate e.g., immunometabolic and neurovascular dysfunction, the evidence is currently not mature and robust. It is possible in this pandemic era that our understanding of mechanisms will accelerate and effective treatments of underlying pathology may then rapidly follow. In the meantime, adhering to this guidance will safeguard the highly vulnerable patients with the severe complications of this devastating condition — it will also protect practitioners from professional and ethical failure.