

# Review of: "Eroticism as a hormetic stimulus in health and ageing"

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**Potential competing interests:** No potential competing interests to declare.

The manuscript is a very interesting review about the relevance of eroticism in homeostasis/hormesis. Although I find it very thorough I have some questions or suggestions that can improve a little bit the content\_

- I find very interesting how autophagy is an important pathway in some sexual aspects, I would like to learn more in detail how beneficial is, and in which physiological processes is involved (all of them known).
- I wonder if the drugs that improve erectile function can be considered as sex hormetins and discuss further into that (as their use is very spread, it can be very interesting for the population to learn more).
- Finally, there is enough literature about the eroticism benefits in a heterosexual/traditional context, for what I understood all the studies are mainly under that pretext, so is there something about other contexts?