

Review of: "What is it like to be Out-of-Body? Phenomenal accounts of experiencers"

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Potential competing interests: No potential competing interests to declare.

I think the idea that is being investigated here is important. I believe it is important because whether or not people are actually experiencing this doesn't matter, they report it, and they appear to be sincere in their beliefs. The authors do a nice job of organizing the reported effects and attempting to develop a taxonomy of experiences. I believe this work holds merit as a kind of starting point, a way of organizing effects that are presented by this population.

Some thoughts for consideration:

The authors state that: "In order to settle such a question," in science, such questions are never settled, I encourage revising this statement.

An interesting question that comes from this research is whether there is a continuum for OBE? In other words, might future research benefit from developing a measure to assess lesser (and greater) extents of this among the population.

I would like to see even more ambitious thoughts for the future. In other words, how could we develop a more concrete system for presenting what this phenomenon is? The authors already talk about how they view an expanded version of this phenomenon, but what is the ultimate goal or aim of this research? Do we need or want to develop a specific model that characterizes this phenomenon?