

Review of: "The Instances of Insomnia among Adolescents in High School Addicted to Online Games"

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Potential competing interests: No potential competing interests to declare.

Dear Author,

I have carefully reviewed your manuscript and would like to provide you my feedback and comments based on the manuscript:

DSM Definition: Incorporating the Diagnostic and Statistical Manual of Mental Disorders (DSM) definition of online game addiction in the introduction would be beneficial. It will help readers who may not have a psychology background to understand the criteria and context of online game addiction.

Teenagers vs. High School Students: Consider using a more precise term like "adolescents" instead of "teenagers" or "high school students" as not all teenagers attend high school. Choosing the appropriate term will enhance the accuracy of your article.

Linkage to Sleep Disorder: Your article effectively establishes a connection between sleep disorders (insomnia) and online behavior addiction, which is a strong point in your study.

Current Sources: It's commendable that all in-text citations and sources are up-to-date. This contributes to the credibility of your research. Good job!

Theoretical Framework: To better understand the phenomena of sleep disorders and online addiction, consider incorporating relevant psychological theories or frameworks that can provide insights into the underlying mechanisms. Such as Self-Determination Theory, Sleep Hygine Model, CBT or Dual Process Theory.

Impact of the Study: Discuss the potential practical implications and benefits of your study. How can the findings benefit readers, school counselors, administrators, or government policies? Highlight these aspects in your article.

Method Section: Explain the Lemeshow formula in the method section to ensure clarity for readers who may not be familiar with it.

Survey Dissemination: Provide more details about how the survey was disseminated using Google Forms and mention the response rate. This information can be valuable for future researchers facing similar challenges.



Survey Modifications: Clearly state which components of the Lemmens (2009) survey were modified and consider including a few sample questions or modifications. This will demonstrate the validity and reliability of your instrument.

Proportionate Stratified Random Sampling: Elaborate on how the research employed proportionate stratified random sampling rather than just mentioning it. Provide details to enhance the transparency of your methodology.

Language: Check for consistency in language usage, particularly in tables and figures. Ensure that all content is in English to maintain clarity for your readers. (Table 2, Kategori)

Demographic Factors: Include demographic information as part of the survey data, such as the participants' age, gender, and any other relevant factors.

Discussion on Indonesian Context: In the discussion section, consider delving into the Indonesian context and how the findings may be specifically relevant or significant within that context.

Good luck!