

## Review of: "Feasibility and Efficacy of a Newly Adapted Multimodal Cognitive Intervention for the Elderly with Mild Cognitive Impairment"

## Mirnova Ceide1

1 Montefiore Medical Center

Potential competing interests: No potential competing interests to declare.

Feasibility and Efficacy of a Newly Adapted Multimodal Cognitive Intervention for the Elderly with Mild Cognitive Impairment

The purpose is to describe the pilot feasibility and efficacy of the intervention in in a small cohort of older adults with MCI. The paper describes content validity, acceptability, and preliminary efficacy in an Indian population. This is important given the growing literature highlighting the role of prevention in delaying dementia pathogenesis. However, the manuscript is lacking in some important details.

## Comments:

- 1. Methods section, participants: The inclusion criteria as 23 or lower. What was the lower limit of MOCA scores accepted?
- 2. Also it is unclear if participants had to have a subjective cognitive complaint, which is an important component of an MCI diagnosis, as participants could just have a lower MOCA score at baseline and it is not a change in functioning.
- 3. How long is the intervention? And what frequency?
- 4. Results section: it would be easier to read if the authors did repeat the results from the table in the text.
- 5. The small sample size is a limitation, which should be discussed.

Qeios ID: 3MIJBB · https://doi.org/10.32388/3MIJBB