

# Review of: "A Sleep Disturbance Method Using Novel Objects in the Home Cage to Minimise Stress"

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**Potential competing interests:** No potential competing interests to declare.

Dear Editor in Chief,

The article "A Sleep Disturbance Method Using Novel Objects in the Home Cage to Minimise Stress" is a novel, interesting article. It is well-structured and has used a very precise method and material selection part.

- The title has been chosen correctly, and it is relevant to the topic.
- Sleep disturbance is an important matter in adolescents and has been shown to significantly impact motor functions.  
The study has chosen an important matter to discuss.
- Studying REM sleep with EEG/EMG recording helped to have a better vision of the impact of sleep disturbance on REM sleep.
- Protocol design is well-chosen and described.
- Validation tests have been chosen correctly.
- Graphic figures are relevant to the text and easy to understand.
- Discussion is well-organized and shows the results of the study.
- Conclusion could be shorter and omit the test results and focus on the effect of novel objects on sleep.

Sincerely,

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Declarations

How would you rate the work overall?

,

Dr Parisa Mohagheghi,

Professor, Iran University of Medical Sciences