

Review of: "The Ancient Indian Knowledge System and the Medical Sciences"

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1. The article highlights the significance of medicinal plants in ancient Indian medicine and their relevance in modern healthcare. The use of herbal remedies and their incorporation into products like teas and supplements are discussed.
2. This review emphasizes advanced clinical information systems, sanitation, and hygiene in ancient India. Archaeological findings support this, and references to medicine are found in the Vedas, particularly the Atharva Veda, with Ayurveda considered a subsidiary subject.
3. The article aims to bridge the gap between modern medical technology and ancient Indian medicine, focusing on Ayurvedic Swayam Nadi Pariksha (pulse diagnosis). It discusses the Nadi-E-Health Analysis Element and recent technological advancements, highlighting the potential for integrating traditional practices with modern healthcare monitoring.
4. The study suggests incorporating alternate viewpoints on the mind and related phenomena from religious and spiritual sources into standard textbooks. This encourages further research and prevents professionals from neglecting valuable resources within their own culture.