

# Review of: "The Ancient Indian Knowledge System and the Medical Sciences"

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**Potential competing interests:** No potential competing interests to declare.

The document provides a detailed exploration of ancient Indian medicine, focusing primarily on Ayurveda and related practices. It covers a wide range of topics, including the origins of Ayurveda, the Vedas' influence, pulse diagnosis, and the philosophical underpinnings of mind-body relationships. While the text offers valuable insights into ancient medical knowledge, it could benefit from clearer organization, consistent referencing, and explanations of key terminology for readers unfamiliar with Ayurvedic concepts. Additionally, the document lacks critical analysis of how ancient Indian medical practices compare with modern healthcare approaches and their implications for contemporary research and practice. Strengthening the conclusion by reiterating key insights and providing recommendations for future research could enhance the document's overall impact. Also, an overview of other ancient medical systems recognized as part of the Ancient Indian Medical System as per AYUSH (Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homeopathy) may be included in this review. Nevertheless, the document serves as a comprehensive introduction to ancient Indian medicine, mainly Ayurveda, highlighting its historical significance and potential relevance in today's healthcare landscape.