

Review of: "Reevaluating Dietary Interventions for Health and Longevity: Beyond Low-Carb Diets and Exploring Phyton-Chemicals"

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Potential competing interests: No potential competing interests to declare.

I found the paper very well written, with the potential of disseminating up-to-date information on nutrition, nutraceuticals, and longevity. The language used is very good and quite clear. I advise its publication in its current form after additional language check and adjustment.