

Review of: "Harmful “Herbalism” maliciously spreading from Mexico determines cases of iatrogenic Cushing's syndrome"

Sepideh Tahsini Tekantapeh¹

¹ Tabriz University of Medical Sciences

Potential competing interests: No potential competing interests to declare.

The topic of the effects of herbal substances has always been discussed due to hepatotoxicity and kidney complications such as interstitial nephritis, but this article drew my attention because the secret use of corticosteroids, including dexamethasone, in the composition of herbal medicines, which are freely available without a physician's prescription, causes reported cases of iatrogenic Cushing's syndrome.

The more important matter is that the analgesic effects of corticosteroids in these drugs make most patients want to use them longer and the harmful effects of exogenous corticosteroid use appear in the form of iatrogenic Cushing's syndrome with continued use.

Informing people about this issue is a very important role in dealing with the increase of similar cases, and the involved regulatory organizations should be more obsessive and more accurate in demanding the declaration of the ingredients of herbal complementary medicines from the manufacturing companies.