

Review of: "Search for Meaning in the Professional Projects of Seniors at the End of Their Careers: an Interpretative Phenomenological Study"

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I fully support the authors!

The article is very important for the modern pace of life, the speed of which is increasing every day, thanks to the latest technologies and the development of artificial intelligence. What is 50 years for a person? She was born, gained knowledge, received an education, started a family and put a lot of effort and years into acquiring her own professional experience. And now at the age of 50-60, a person has everything - a career, a favorite job and valuable experience that no one else has, especially young people. And what does society offer such a person - to retire and exclusively play with grandchildren? And that's it? Then society risks losing this unique knowledge. And for a person who has led a very active lifestyle, such a sharp stop can significantly shorten the life expectancy. What to do to prolong your own life? The answer is obvious - to keep moving and look for a new meaning in your life, new areas for using your talents. This is precisely the issue that the authors devoted their research to.

The authors have chosen an interesting methodological apparatus for the study. However, if this apparatus had been applied to 1,000 or more respondents, the conclusions obtained during the study would have had a higher level of reliability. The results obtained from a survey of only three people are more subjective in nature. However, such results also have the right to be published.

1. In addition, it is also advisable to focus on the discrepancies that exist in the text, in our opinion. «People aged between 50 and 64 in 2023, born between 1959 and 1983, have lived through major economic crises, globalization and the rise of mass unemployment». – People born in 1983 are only 40 years old today, so the authors were probably referring to the 1959-1973 range.
2. In table 1, a description of three respondents is provided, where it is stated that one of them (Emile) is a man, and the other two participants (Edwige and Marie) are women. Therefore, the meaning of the following sentences is not entirely clear: «For all **three mothers**, their children have reached adulthood, and most have left home. ... As for Emile, **she** says she has learned a lot about herself in the face of adversity, recounting how she successfully defended her son, a victim of school bullying. ... As for **Tia**, awareness of her resources helped her to emerge stronger from her separation». - So, who is the third mother? Is Emile a man or a woman? Who is Tia?

I am confident that the authors have comprehensive answers to the questions they posed.

In conclusion, I would like to add the following. I am 47 years old and I am approaching the stage of life that is discussed in the article. I think that a significant number of readers are also close to the age that the article is written about with care. Therefore, research on this topic is very useful in order to direct the thoughts of every adult person, in my subjective opinion, in one vector: how can I be useful in my age to my family, my city, and my country? Therefore, I wish the authors further achievements in the chosen topic of research and further improvement!