

# Review of: "[Commentary] When 'Ignorance is Bliss' in Medicine"

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**Potential competing interests:** No potential competing interests to declare.

At a time when medicalization has become an interfering aspect of society, this commentary article comes as a refreshing source of reading, especially for those who believe in alternative medical treatment. Health and illness are not merely biological processes as considered by the proponents of biomedicine or scientific knowledge, but social and cultural processes. A debate that has been discussed by many medical sociologists and medical anthropologists is that treatment becomes a wholly different process when the patient's experience is given a voice. Amidst this debate, this commentary brings a new perspective as the author discusses the inner self or pure consciousness of the physician himself. This commentary moves away from considering scientific knowledge as the supreme and the only way of treatment. Instead, the author focuses on the fact that the inner consciousness of the physician is also crucial for a successful and efficient treatment. It is through the consciousness of the physician that makes him empathetic towards the patient, rather than seeing the patient as a mere object of study and diagnosis.

However, the views made by the author would be more productive if he could provide qualitative and quantitative evidence in future research work. A full-length research paper in this area will add to the body of literature available and would also make an interesting read.