

# Review of: "Student's Well-being and Academic Performance: A Mixed-Methods Research"

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**Potential competing interests:** No potential competing interests to declare.

**Title:** Consider a more informative title that reflects the experimental nature and context specificity of the study.

**Methodology:** Specify the scope and location of the research, providing clarity on the setting. For example, "This research is conducted at [Local University] in [Country]." - since only one university was chosen, and why that university can represent all is important.

**Methodology - Mindful-Based Stress Reduction:** Provide additional details about the Mindful-Based Stress Reduction program. Clarify whether it is conducted physically, online, or through a combination of both.

**Data Collection:** Introduce the self-reported measure questionnaire as another quantitative research method since both qualitative and experimental methods have been introduced early, but not the survey (or this could be explained as part of the experiment).

**Data Collection - Control Group (Group 2):** If no specific actions have been taken with the control group during the intervention, provide a justification for its relevance in the before-and-after comparison. For example, "No specific interventions were implemented with Group 2 (the control group) during the intervention period. This decision is justified by [insert reason], emphasizing the importance of observing natural changes and allowing for a meaningful before-and-after comparison."