

Review of: "Is Indian Costus Effective Against the SARS-CoV-2 Virus?"

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Potential competing interests: No potential competing interests to declare.

Comments on Costus

Indian costus is a plant that is widely used to treat a variety of health problems, especially respiratory diseases. Its active constituents include flavonoids, sesquiterpene terpenes, and anthraquinones, have powerful antioxidant and anti-inflammatory activities. During the COVID-19 pandemic, many people have turned to Indian costus to reduce the symptoms of the viral disease.

Indian costus is a good choice as an adjuvant treatment for the SARS-CoV-2 virus. It is available and affordable, making it accessible to people, especially in the midst of the spread and development of many viral diseases. More research is needed to confirm these findings and to determine the safety and efficacy of Indian costus. Some of the recent references are missing especially from the years 2021, 22 and 2023.

A brief well-written review. Recommended for publication after inclusion of new references.