

Review of: "Training Teachers to Become Mental Health Promoters: Impact on Their Well-Being"

Ruth Verhey

Potential competing interests: No potential competing interests to declare.

Thank you for this work. I am unclear about various aspects.

There are overall massive language, tense (needs to be in past tense), and grammar issues. Please do a proper language check. "Apparently" needs to be replaced.

Abstract: More info on what is being done is needed.

Background: Needs more explanation about the intervention, which is the training. Is it the same training for everyone?

More explanation around how increased mental health literacy affects mental wellbeing positively

Methods:

Unclear what the part with the projects is about; needs explanation.

How did participants get recruited?

When did it happen?

Who were the trainers?

Who created the training material, and how was it assessed for usefulness when it was developed?

Discussion:

What other factors could have influenced the participants? Considering that participants would have signed up for the training voluntarily, it is probable that they were already quite aware of the topic. What are the pre-training measures equivalent to? I would expect an increase in knowledge after such a training; did we measure their ability to study? How are the questionnaires validated? What is the contribution to science?