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Familial advanced sleep-phase syndrome

INSERM

Source

INSERM. (1999). *Orphanet: an online rare disease and orphan drug data base*. [Familial advanced sleep-phase syndrome](#). ORPHA:164736

Familial advanced sleep-phase syndrome (FASPS) is a very rare circadian rhythm sleep disorder characterized by very early sleep onset and offset possibly resulting in emotional and physical disruptions.